

**But I say unto you, That whosoever looketh
on a woman to lust after her hath committed
adultery with her already in his heart.
And if thy right eye offend thee, pluck it out,
and cast it from thee: for it is profitable for
thee that one of thy members should perish,
and not that thy whole body should be cast
into hell.**

**And if thy right hand offend thee, cut it off,
and cast it from thee: for it is profitable for
thee that one of thy members should perish,
and not that thy whole body should be
cast into hell.**

Matthew 5:28-30